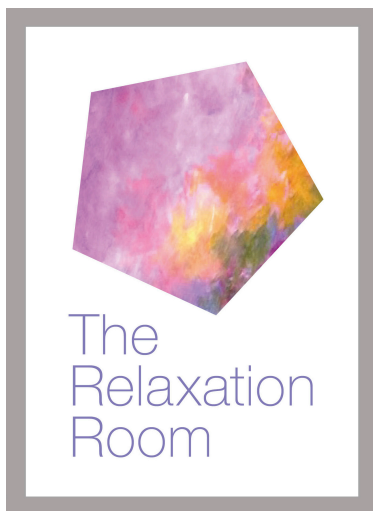


## Spa Days at *Grange Hotel* **CLASSIC**

**£49.50 for Day Guest / £42.50 for Hotel Guest**

includes use of spa, robe and towel hire, traditional afternoon tea  
and 1 x 30 minute appointment either:

Holistic Massage - Reflexology - Mini Facial



## **SPARKLING**

**£72.50 for Day Guest / £65.50 for Hotel Guest**

as above including a glass of Prosecco and 60 minute appointment  
Extended Back Massage - Reflexology - Holistic Facial

## **BESPOKE**

**£12.00** - Spa Entry only (optional Robe Hire @ **£3.50**)

**£26.00** - as above including Traditional Afternoon Tea

**£29.00** - as above including Glass of Prosecco

then add your own choice of treatment from our list

Call Catherine on 015395 32183 or 07957 861408  
visit the website link at

[www.therelaxationroom.co.uk/services/the-grange-hotel/](http://www.therelaxationroom.co.uk/services/the-grange-hotel/)  
or email [grange@therelaxationroom.co.uk](mailto:grange@therelaxationroom.co.uk)

**prices as from May 2017**

**Catherine Hunt - Specialist Health and Wellbeing Advisor**

Call 015395 32183 - Text 07957 861408 - email [hello@therelaxationroom.co.uk](mailto:hello@therelaxationroom.co.uk)