



If your body is in need of a little TLC then you are in the right place. Hannah is trained in **Advanced Clinical Massage** to help sort out those niggles and **pregnancy massage** for you blooming marvellous ladies. Renowned for her calm and soothing style she can tailor your massage for you.

Festival feet are in for a treat. Revitalise them with **Thai foot massage**, straight from Wat Po temple in Thailand. Pressure points are used to rebalance the body's energy along with refreshing Thai foot lotion.

Hannah loves **Tsuboki facial massage**. A gentle and deeply relaxing massage using traditional Japanese Camelia oil, lymphatic drainage and acupuncture. Pressure is applied to "tsubos" or pressure points to improve the flow of energy throughout the body. Tsuboki uses acupuncture to give a "natural facelift" by toning and eliminating toxins.

Spending her winters in Verbier, Switzerland and summers at fabulous festivals in the UK she is well practised at re-energising tired legs and achey shoulders.

Come and energise your day! Contact Hannah for more information at blueskymassage@live.com